

PMEX UPDATE

SELL  CRUDE10-JA26 59.40 -2.09% Expiry 18/Dec/25 Remaining 29 Days Entry 59.87 - 59.76 Stoploss 60.34 Take Profit 59.35 - 59.2	BUY  NGAS1K-DE25 4.4100 0.89% Expiry 24/Nov/25 Remaining 5 Days Entry 4.401 - 4.415 Stoploss 4.35 Take Profit 4.463 - 4.487	BUY  GO10Z-DE25 4,117.89 1.26% Expiry 25/Nov/25 Remaining 6 Days Entry 4113 - 4116 Stoploss 4102.86 Take Profit 4133 - 4141	BUY  SL10-DE25 52.03 2.99% Expiry 25/Nov/25 Remaining 6 Days Entry 51.245 - 51.375 Stoploss 51.02 Take Profit 51.72 - 52.184
BUY  PLATINUM5-JA26 1,585.50 1.95% Expiry 29/Dec/25 Remaining 40 Days Entry 1567 - 1572 Stoploss 1559.61 Take Profit 1584 - 1590	SELL  COPPER-DE25 5.0285 1.10% Expiry 25/Nov/25 Remaining 6 Days Entry 5.0674 - 5.056 Stoploss 5.10 Take Profit 5.0089 - 4.989	SELL  ICOTTON-MA26 64.53 0.22% Expiry 19/Feb/26 Remaining 92 Days Entry 64.79 - 64.68 Stoploss 64.98 Take Profit 64.27 - 64.11	SELL  DJ-DE24 46,242 0.13% Expiry 18/Dec/25 Remaining 29 Days Entry 46390 - 46352 Stoploss 46486.73 Take Profit 46261 - 46165
SELL  SP500-DE24 6,661 0.32% Expiry 18/Dec/25 Remaining 29 Days Entry 6686 - 6681 Stoploss 6701.12 Take Profit 6664 - 6650	SELL  NSDQ100-DE24 24,693 0.39% Expiry 18/Dec/25 Remaining 29 Days Entry 24799 - 24772 Stoploss 24870.25 Take Profit 24709 - 24645	BUY  GOLDUSDJPY-DE25 156.11 0.41% Expiry 25/Nov/25 Remaining 6 Days Entry 155.71 - 155.77 Stoploss 155.48 Take Profit 155.92 - 155.99	SELL  GOLDEURUSD-DE25 1.1588 0.06% Expiry 25/Nov/25 Remaining 6 Days Entry 1.1605 - 1.1602 Stoploss 1.163 Take Profit 1.1588 - 1.1579

Major Headlines

Oil prices hit by higher U.S. crude stocks; Russia sanctions in focus

Oil prices edged lower Wednesday, as data pointed to rising U.S. inventories and as markets awaited the impact of impending U.S. sanctions on Russian oil companies. At 05:45 ET (10:45 GMT), Brent Oil Futures expiring in January fell 0.9% to \$64.30 per barrel and West Texas Intermediate (WTI) crude futures dropped 0.9% to \$60.13 per barrel. Both contracts jumped more than 1% on Tuesday. Data from the American Petroleum Institute (API) showed U.S. crude stocks rose by 4.4 million barrels in the week ended Nov. 18 [see more...](#)

Gold Finds Support as Fed Signals December Rate Cut Potential

Gold's early rebound reflects more than a technical bounce. It signals investors reassessing the macro policy landscape following a fourth consecutive decline in front-month Comex gold futures. The key driver is evolving Federal Reserve communication. Fed Governor Christopher Waller, typically associated with a data-sensitive stance, openly supported a rate cut next month. [see more...](#)

U.S. stock futures steady ahead of Nvidia earnings, Fed minutes

U.S. stock futures edged higher Wednesday, stabilizing after recent losses with investors remaining cautious ahead of key earnings from bellwether Nvidia and the minutes of the Federal Reserve's October meeting. At 05:15 ET (10:15 GMT), Dow Jones Futures gained 85 points, or 0.2%, S&P 500 Futures climbed 22 points, or 0.3%, and Nasdaq 100 Futures rose 95 points, or 0.4%. The main averages on Wall Street sank in the prior session, extending what has become a multi-day [see more...](#)

USD/JPY hits multi-month highs amid rising JGB yields – BBH

USD/JPY is making fresh multi-month highs, underpinned in part by the sell-off in JGBs. Long-term JGBs yields are breaking higher on concerns over fiscal profligacy and worsening Japan-China diplomatic spat. Japan's Prime Minister Takaichi is planning a fresh package of economic measures that is likely to exceed last year's ¥13.9 trillion (2.2% of GDP) supplementary budget. [see more...](#)

EUR/USD dives to fresh weekly lows after Eurozone inflation data

EUR/USD has given away gains after another rejection at the 1.1600 area to reach fresh weekly lows at 1.1565 following the release of Eurozone inflation figures. The pair is trading at 1.1575 at the moment of writing, but remains on a negative trend from last week's highs, above 1.1550, as the risk-averse mood underpins demand for the Safe-haven US Dollar (USD). Figures released by Eurostat earlier on Wednesday confirmed that the Eurozone Harmonised Index of Consumer [see more...](#)

Forex Today: Eyes on FOMC Minutes, Nvidia earnings

The US Dollar (USD) captured safe-haven demand and held resilient against its rivals on Tuesday as the selloff in risk-sensitive assets continued. Wall Street's main indexes lost about 1% on the day and the USD Index closed marginally higher. Early Wednesday, US stock index futures trade mixed, while the USD Index moves sideways slightly above 99.50. The US Department of Labor (DOL) announced on Tuesday [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
Crude Oil Inventories	11/19/2025	8:30 PM	USD	High volatility		-1.900M	6.413M

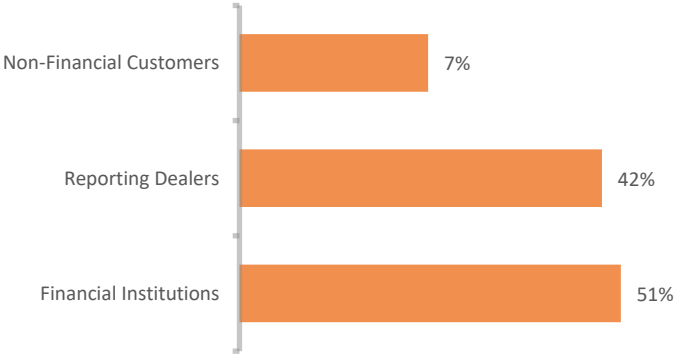
FOREX MARKETS' STATISTICS

Forex Market Hours

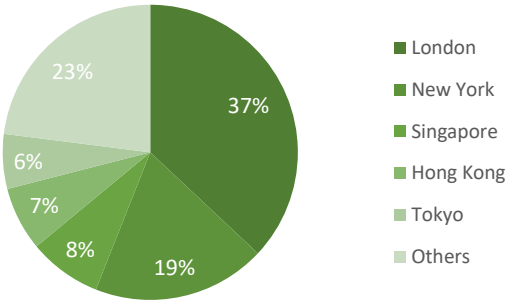


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

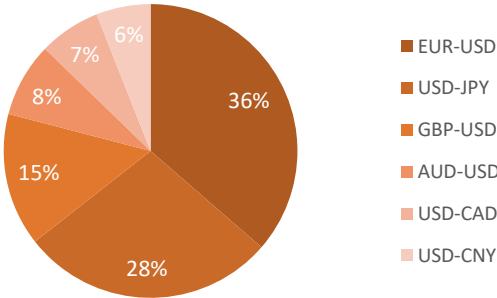
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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